



WASH HANDS WITH SOAP AND WATER, THEN DRY



INSERT 1-2 EYE DROPS IN EACH EYE



TAKE 3-4 HARD BLINKS. FEEL THE LENS MOVE



REMOVE THE *RIGHT*CONTACT LENS



CLEAN THE LENS IN THE PALM OF YOUR HAND



RINSE THE LENS WITH DISINFECTION SOLUTION



PLACE LENS IN THE CASE SUBMERGE IN SOLUTION



CLOSE LENS CASE AND STORE IN A SAFE PLACE













GRAB YOUR CONTACT LENS CASE



WASH HANDS WITH SOAP AND WATER, THEN DRY



OPEN THE *RIGHT*SIDE OF LENS CASE



INSPECT LENSES; NEVER APPLY IF DIRTY OR DAMAGED

FILL BOWL OF LENS WITH ARTIFICIAL TEARS

APPLY THE *RIGHT* CONTACT TO YOUR RIGHT EYE







REPEAT STEP 4-6
FOR LEFT CONTACT LENS

EMPTY CONTENTS OF LENS CASE INTO SINK

NEVER USE WATER ON YOUR LENSES







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